

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lizel Taljaard

Has successfully participated & completed the

5km Cowhouse Summer Trail Run 2017

held at Cowhouse Market.

**TIME** 00:47:14

**PACE** 09:25/km

**OVERALL** 76 of 123

**GENDER** 46 of 77

**OPEN** 28 of 39

28 January 2017, Sat

Date



